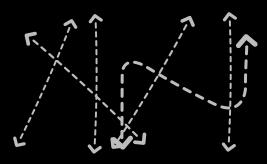


"I kept it to myself for years..."

Join us for

## Manifestations of Shame and the Impact on the Quality of Care

"Shame is that feeling that washes over us, making us feel small, flawed, and never good enough."-Unknown





WHEN: Dec 16, 2022 12-1pm ET

WHERE: Zoom!

WHO: Sam Unkelbach

1.0 CPHQ credit (pending approval)

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"I kept it to myself for years..."



## Sam Unkelbach, MSN (Candidate) is...

the Performance Improvement Manager at MedStar. With patient safety as a passion, her role allows her to work with front line teams, to reduce clinical variation, improve efficiency and foster a culture of continuous improvement at a grass roots level. She has worked in various roles in her 25 years in healthcare. One of the most rewarding has been in the realm of process improvement. For the last 8 years she has been blessed to function both as a nurse and a PI mentor and facilitator.

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